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Accessing Specialist Community Perinatal Mental Health Services

Report to: Tees Valley Joint Health Scrutiny Committee

Report from: Democratic Services

Decision Type: Committee

HEADLINE POSITION

1. Summary of report

- 1.1 The Tees Valley Joint Health Scrutiny Committee is receiving a presentation from representatives of North East and North Cumbria Integrated Care Board (ICB) and Tees, Esk and Wear Valleys NHS Foundation Trust regarding access to Specialist Community Perinatal Mental Health Services across Tees Valley.
- 1.2 The presentation provides an overview of the specialist perinatal mental health pathway, service performance, commissioning arrangements, service developments and future challenges. It also includes contributions from individuals with lived experience of the service.

2. Recommendation

- 2.1 It is recommended that Members note the information provided and consider the issues raised within the presentation.

3. Background

- 3.1 Specialist Community Perinatal Mental Health Services provide assessment, treatment and support for women experiencing severe and complex mental health difficulties during pregnancy and following childbirth. The service also provides pre-conception advice, specialist prescribing support and psychological interventions, working closely with maternity, primary care and wider mental health services.
- 3.2 The presentation outlines the current service model across Tees Valley, progress in expanding access to specialist services, and the introduction of Maternal Mental Health Services to support women experiencing birth trauma, perinatal loss and severe fear of childbirth. It also highlights performance information, examples of good practice, patient feedback, and future opportunities and challenges for the service. Representatives from the ICB, Tees, Esk and Wear Valleys NHS Foundation Trust, and individuals with lived experience will be in attendance to present the information and respond to Members' questions.

4. Background Papers

4.1 There are no background papers to this report.

5. Contact Officers

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